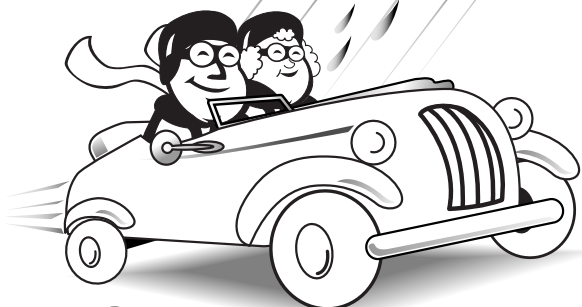


***Don't Let
Flu season***



Slow You Down!

IT'S TIME FOR A FLU SHOT AGAIN!

Seniors (60 years and older), people with heart disease, diabetes or other chronic illnesses need a flu shot every year! Pregnant women, health care workers, household contacts and caregivers of children aged <6 months need flu shots too!

The San Bernardino County Department of Public Health Immunization Program sponsors low cost flu clinics throughout the county. Shots are \$5.00. Questions? Call the Public Health Department at

1-800-722-4794

East/West Schedule 2006

Rialto Senior Center

1411 S. Riverside Ave., Rialto

Monday, October 16, 2006

9:00 - 11:00 AM

Redlands Mall

100 Redlands Blvd., Redlands

Wednesday, October 18, 2006

9:00 - 11:00 AM

Highland Senior Center (Main Gate)

3102 E. Highland Ave., Highland

Friday, October 20, 2006

9:00 - Noon

Big Bear Senior Center

4251 Big Bear Blvd., Big Bear Lake

Wednesday, October 25, 2006

10:00 - Noon

Call for an appt: (909) 584-0323

Chino Community Center

5443 B St., Chino

Thursday, October 26, 2006

9:00 - 11:00 AM

Clinical Services Building

799 E. Rialto Ave., San Bernardino

Friday, October 27, 2006

9:00 - 11:00 AM

Mountains Community Center

675 Grandview Rd., Twin Peaks

Thursday, November 2, 2006

10:00 - Noon

Hutton Community Center

660 Colton Ave., Colton

Friday, November 3, 2006

9:00 - 11:00 AM

San Bernardino GSA Building

777 E. Rialto Ave., San Bernardino

Monday, November 20, 2006

9:00 - 11:00 AM

